



My Fruit & Vegetable of the Week Chart
to show I tasted them @home.

Week 1	Week 2	Week 3	Week 4
 Yes _____ No _____	 Yes _____ No _____	 Yes _____ No _____	 Yes _____ No _____

Tick the chart to say if you liked it or not! Well Done

Remember eating your fruit & Vegetables every day will keep you healthy.

Send me a photo of it and I will send you a Star of the Month.

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